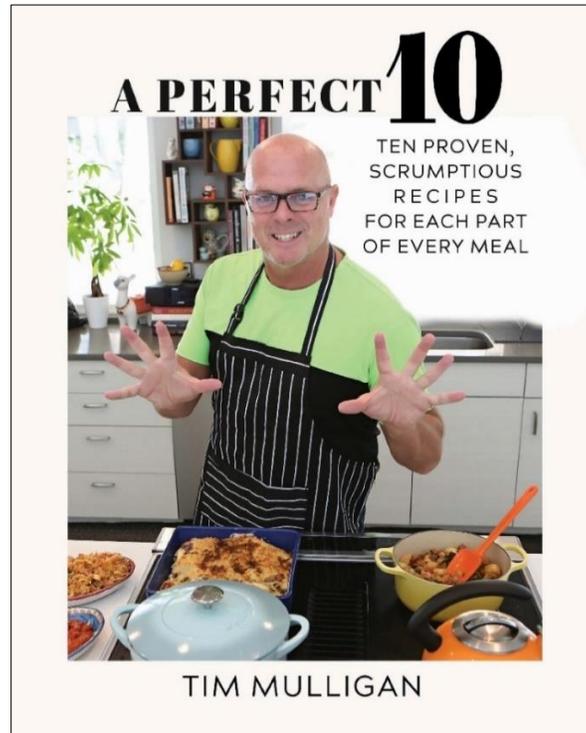


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A PERFECT 10

Ten Proven, Scrumptious Recipes for Each Part of Every Meal
By Tim Mulligan

You know the drill. You've had a long day at work and still have to pick up the kids from practice. A friend is dropping by to eat with your family. You reach for cooking ideas and—*nada*. Your mind is more deeply fried than an Oreo at a state fair. Wouldn't it be great to have a source of proven, go-to recipes to get dinner on the table when you're short on inspiration? What you need is **A PERFECT 10: Ten Proven, Scrumptious Recipes for Each Part of Every Meal** by author, playwright, home cook and father Tim Mulligan.

While Mulligan isn't a trained chef, he worked for years in restaurants and has put in way more than the 10,000 hours necessary to achieve family cooking expertise. In addition to his own creations, he

has picked up delicious, tried-and-true recipes from fellow home cooks, embellishing some with his own gastronomical magic.

In *THE PERFECT 10*, Mulligan provides 10 fail-proof recipes for seven distinct meal periods (70 recipes in all!) from breakfast to appetizers and sides, to salads, entrees, desserts and a Thanksgiving menu that will finally win you the respect of your in-laws.

Among the scrumptious dishes are:

- **Eggs in Purgatory:** Heavenly baked eggs in a wickedly good tomato sauce.
- **Crispy Brussels Sprouts with Cooked Grapes:** A symphony of flavors and textures accompanies everyone's favorite sprout with sweet, savory, crispy, and spicy notes.
- **Jerry's Special Pizza:** Pepperoni, salami and . . . pickles? So delicious you'll wonder why you didn't think of it yourself.
- **Tried and True Stuffing:** A to-die-for Thanksgiving essential with apricots, apples and pecans. Don't be surprised if it rivals the turkey.
- **Grandma's Gumdrops Bread:** When is bread also dessert? When it's a delightful combination of dinner rolls and candy gumdrops with a boozy eggnog glaze.

Whether you're new to the kitchen or have been doing dinner duty for decades, *THE PERFECT 10* will fire up your excitement to get cooking, knowing that Mulligan has handed you the perfect blueprint to a truly great meal.



TIM MULLIGAN is a playwright, who's first play, *Witchland*, is immersive, funny, and scary theater based on his childhood experiences growing up near a little-known nuclear site of Richland, WA, deemed "the most toxic place in the Western Hemisphere." He is author of the bestselling leadership book, *Roar*. He has served in executive human resources leaderships role for the past 20+ years, currently at the BEN Group in Los Angeles, and prior to that, five years in the Paul Allen Universe in Seattle, and 13 years at San Diego Zoo Global. A former attorney, Mulligan also was deemed "Chief Human Resources Officer of the Year" for U.S. non-profits in 2016. Tim and his partner, Sean, and their two children live in Seattle. *A Perfect 10* is his debut cookbook.

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By Tim Mulligan
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